



**Small Bowel Capsule (SBC) Procedure Packet**

**SBC Placement Appointment:**

**Placement Location:**

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Arrival Time @ **8:00AM**

Malvern 325 Central Ave, Suite 100, Malvern PA 19355

Check your text reminder for the exact location for the appointment.

Report to the office by \_\_\_\_ pm to return the equipment.

**Instructions:**

**Day Before Capsule Endoscopy**

1. You may eat a normal breakfast and normal lunch.
2. 2:00 pm – Midnight: ONLY clear/transparent liquid (water, black coffee or tea (no creamer), soda, white grape juice, apple juice, sports drinks, Jell-O, ice pops, chicken/beef/vegetable broth. NOTHING Red or Purple.
  - a. **Do not eat or drink** except for necessary medication with a sip of water, after midnight.
  - b. Do not take any medication 2 hours before having the exam.
3. Wear upper garment of thin, natural fiber such as a T-shirt that is long enough to reach at least to hip level and will not ride up above the belt/ vest.

**After Swallowing the PillCam SB Capsule**

*The capsule endoscopy test will last approximately 8-9 hours. Contact your doctor's office immediately if you suffer from any abdominal pain, nausea or vomiting during the test.*

1. 8:00 – 10:00 am: Nothing to eat or drink.
2. 10:00 – Noon: You may drink colorless liquids (examples above).
3. Noon– 4:00 pm: You may have a light snack, such as soup, salad, sandwich.
  - Make sure the belt/vest is tight around the body. Do not attach anything to it.
  - Avoid strong electromagnetic fields such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
  - Do not disconnect the equipment or completely remove the Data Recorder at any time during the test.
  - Treat the Data Recorder carefully. Avoid sudden movements and banging of the Data Recorder. Do not expose them to shock, vibration or direct sunlight.
  - After the test is completed, you may return to your normal diet.

*If you are not sure that the capsule has passed out of your body and you develop unexplained nausea, abdominal pain or vomiting, contact your doctor for evaluation.*

*Undergoing an MRI while the PillCam capsule is inside your body may result in damage to your intestinal tract or abdominal cavity. If you are not certain the capsule is out of your body, contact your physician for evaluation and possible abdominal X-ray before undergoing an MRI examination.*

**SBC Results Appointment:**

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_



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***FOR GCP STAFF ONLY***

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**Screening For Patients coming for Small Bowel Capsule Endoscopy (SBC)**

	YES	NO
The patient's last solid meal was before 2 pm yesterday	<input type="checkbox"/>	<input type="checkbox"/>
The Patient had only clear liquids from 2 pm until midnight	<input type="checkbox"/>	<input type="checkbox"/>
The Patient had nothing to eat after midnight	<input type="checkbox"/>	<input type="checkbox"/>

If Patient answered YES to all questions: **PROCEED WITH SBC**

If Patient answered NO to ANY question: **Contact ordering physician directly for instructions.**

\_\_\_\_\_  
GCM Staff

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date